

May the following words of hope from Jesus, found in the gospel according to Matthew, provide you with the memory, strength and resolve for whatever you face this week.

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30 (NIV)

Friend, remember his grace and love for you. Remember that he is guiding you and sharing the burden you carry, each and every day. This is my prayer, that you grow in your trust that Jesus is with you and know that you belong to Jesus forever.

Blessings,

A handwritten signature in blue ink, appearing to read "John", with a large, stylized initial "J" that loops around the name.

Pastor John

Rev. Dr. John McKeague
Trabuco Presbyterian Church