"Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not be anxious about anything, but in everything by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding will guard your hearts and minds in Christ Jesus." Philippians 4:4-7 (NIV)

We explored the origins of these powerful words on Sunday. Written by the Apostle Paul to the first-century church in Philippi.

Paul writes with the members of the congregation in mind. A congregation filled with those he loves, the First Church of Philippi. He knows them by name and encourages them to rejoice, be gentle for the Lord is near. Pray with thanksgiving! And God's peace will fill their lives.

Friend, our days and lives are filled with much anxiety and worries about the future. When will we get the upper hand on the virus? When will life become normal again. You have your own list of anxieties, of this I am sure.

I encourage you to read chapter 16 of Acts. Learn how God fulfills his promises in the lives of those he loves. He loves you.

I love you and miss your smiling faces deeply.

Blessings,

Pastor John

Rev. Dr. John McKeague Trabuco Presbyterian Church